

World Authority on Executive Stress

The Speaker Who's More Than Just Talk!

Carole Spiers. And Business

Corporate Business...

20 years of Conferences, Seminars, Boardroom Briefings, Counselling and Consultancy on Executive Stress for blue-chip clients, UK, UAE and worldwide.

The Speaking Business...

Not just a performer, but Immediate Past President of the Professional Speakers Association, and dynamic organiser and Chair person at major events.

The Broadcasting Business...

Natural extension of platform skills into the art of addressing mass audiences in an intimate and involving style at the BBC and beyond.



"A single presentation from Carole Spiers totally revolutionized our understanding of Stress Management in Dubai. Her charismatic platform style held everyone's attention from the first moments. Key messages were delivered with force and conviction. And her influence is still being felt in the form of practical working tools, techniques and strategies that are now part of our daily operation." Mohammed Naji (Dubai)

"Carole's energy and experience added immeasurable value as the closing keynote to our Family Business forum in Abu Dhabi". Purva Hassomal, Director, Leaders of Abu Dhabi Family Business Forum

"Her inspiration is touchable as she provides you with the impetus to permanently transform the quality of your life by reinforcing in yourself the absolute will and determination to succeed". Mark Stagg, Maritime Coastguard Agency'

..."Carole was inspirational. The energy and enthusiasm during her presentation was quite unique and helped us to highlight the way forward with the challenges we face". Mike Derrick, Chair, East Sussex & Hove Registered Care Home Association.

Keynotes and Seminars

Carole's inspirational style and range of topics are equally suitable for a curtain-raiser, closing speech or a major keynote. She can carry a full-day event with confidence, either as speaker or conference chair.

Carole's Most Popular Speeches

"Show Stress Who's Boss"

"Change is Your Opportunity For Growth"

"Value The Difference Of Cultural Diversity"

"Crucial Dialogue At Critical Moments"

"How To Deliver High Impact Presentations"

"This will be compulsory reading for all HR Managers and Directors as well as secretaries and business Managers with people responsibility". Personnel Today

